

**Make behavioral health a priority in your community.**

## **ABOUT US**

Colorado AgrAbility Extension Regional Behavioral Health Specialists work across the state to expand and improve: behavioral health support, stress management, and suicide prevention for farmers, ranchers, ag-workers, their family members, and their rural communities.



**A reliable, trustworthy partner in your community for behavioral health & wellness resources and support.**

**STAY CONNECTED**

<https://agrability.colostate.edu>



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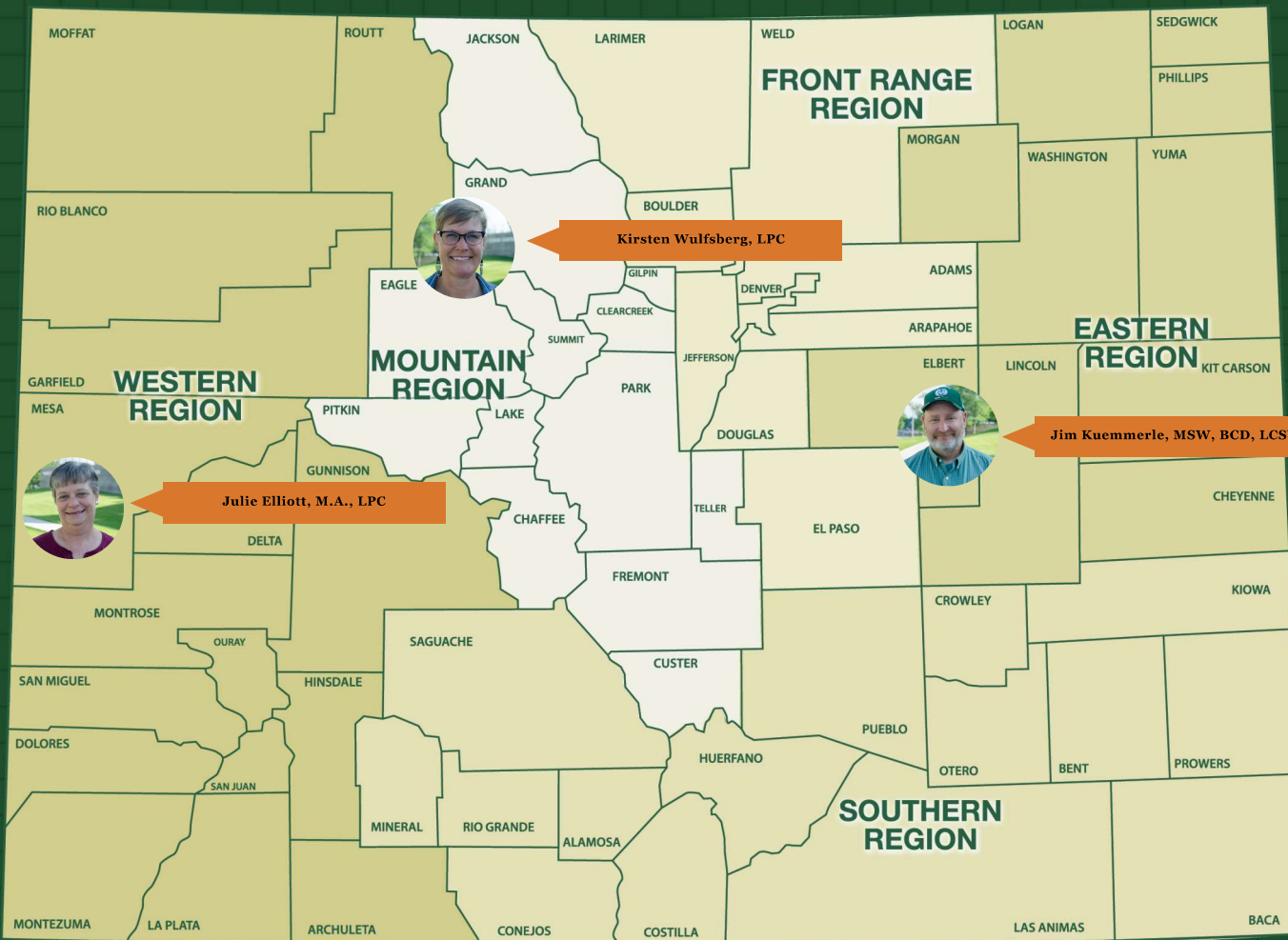
Senate Bill 21-137  
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# **Colorado AgrAbility**

**BEHAVIORAL HEALTH EDUCATION AND SUPPORT**



**ENGAGEMENT AND EXTENSION  
COLORADO STATE UNIVERSITY**



# WE OFFER:

## SUPPORT

- One to one stress management/wellness assessments.
- Clinical consultation and support to rural behavioral health partners.

## RESOURCE LINKING

Provide support, system navigation, and linking for farm/ranch families to connect with appropriate behavioral health and wellness resources.

## FREE TRAINING

- For mental health providers in AgriCulturally Responsive practices
- One to one stress management/wellness assessments
- Behavioral health or wellness topics based on community needs
- Prevention trainings
- Workshops

## STATE BEHAVIORAL HEALTH SPECIALIST



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